



In response to the COVID-19 virus and in keeping with the direction of Public Health to maintain social distancing, Thrive Counselling has suspended in-person services at all Thrive Counselling sites until further notice. The offices are now closed to the public.

This includes **all** services and programs.

Thrive is transitioning to phone/virtual services.

Telephone appointments are available currently for existing and new individual clients. Videocounselling will be available very shortly for existing and new clients. Individuals will require an email address to receive services to assist with security.

Thrive is working diligently to re-design our services and will be adding to our available virtual services regularly. We will be updating this page as information and availability change.

Thrive will continue to post updates on our website as they become available. Calls are not able to be answered live at this time. We will responding promptly to phone messages, although there may be delays. Questions can also be addressed to info@thrivecounselling.org

We encourage people to look to the following resources for reliable information on the current situation and how best to protect themselves.

Ontario Ministry of Health: www.ontario.ca/coronavirus and this link specifically for fact sheets in multiple languages: <https://www.ontario.ca/page/2019-novel-coronavirus#section-12>
Public Health Agency of Canada: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirusinfection.html#a1>