



In response to the COVID-19 virus and in keeping with the direction of Public Health to maintain social distancing, Thrive Counselling is suspending all in-person services at all Thrive Counselling sites until further notice. The offices are now closed to the public.

This includes all group services and programs, individual, couple and family appointments including the Walk in Counselling Clinic and the Family Visiting Centres.

Thrive is in the process of transitioning to phone/virtual services. Staff are working diligently to adjust to the rapid developments that are taking place. Any individual, couple or family appointments that are currently scheduled are cancelled and will be moved to telephone sessions where available. Those with appointments are being asked to check their messages and/or phone the office to confirm the status of their appointment. We appreciate your patience and understanding as we strive to adjust our service model to ensure the safety of our clients, staff and families.

Thrive will continue to post updates on our website as they become available. We will continue to respond to phone messages, although there may be delays. Questions can also be addressed to info@thrivecounselling.org

We encourage people to look to the following resources for reliable information on the current situation and how best to protect themselves.

Ontario Ministry of Health: www.ontario.ca/coronavirus and this link specifically for fact sheets in multiple languages: <https://www.ontario.ca/page/2019-novel-coronavirus#section-12>
Public Health Agency of Canada: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirusinfection.html#a1>