

**Thrive Counselling
Board of Directors Meeting
November 13, 2018 5:30 – 7:05 PM**

Burlington Police Station, Burlington ON

Present: Sue Biggs (Vice Chair)
Loraine Fedurco
Kate Graham
Tanya Hall
Chris Jasiewicz
Patrick Copeland
Carmen Harvey
Chondrena Vieira-Martin (Executive Director)

Guests: Ted Capstick and colleague Tara

Regrets: Al Albano (Chair)
Celso Mata

1. Welcome and Call to Order

Meeting was called to order at 5:36 PM.

New board member, Patrick Copeland was welcomed to the meeting.

2. Approval of Agenda/Declaration of Conflict of Interest

No conflict of interest declared.

Agenda approve.

Moved by: Kate

Seconded by: Tanya

Motion carried.

3. Approval of Minutes

Amendment to minutes – Patrick is a lawyer specializing in corporate litigation law.

Moved by: Kate

Seconded by: Chris

Motion carried.

4. Business Arising

Under the workplan - Chondrena's performance appraisal will be held next week.

Under board capacity – there is one prospective board member who will be interviewed within the next month.

5. Presentation – Collective Agreement Negotiations Guidelines

Negotiations began on Oct 30/18. Most non-monetary items were resolved. The next date scheduled is Dec 14/18. Ted provided the board with an update on the upcoming issues to be discussed. The board provided Ted, Tara and Chondrena with a mandate, for the negotiations.

6. Board Work Plan

The board skills matrix has been reviewed.

The board self-evaluation questionnaire was circulated, and board members were requested to send their completed questionnaire to Chondrena within the next two weeks.

Confidentiality pledges and vulnerability declarations were circulated and signed, and board members requiring sector checks were notified.

7. Strategic Planning

Tanya led the board through an excellent presentation which established the groundwork for the board to begin the strategic planning process. The discussion notes will be circulated. Time will be allotted at the December board meeting for follow-up discussion.

Chondrena has signed up for the webinar strategic planning sessions and will provide an update the next meeting.

A half day working session has been planned for Saturday, January 12, 2019 from 9:30 am – 1:00 pm, to complete the strategy plan. The location will be the Burlington Police Station. Coffee and refreshments will be provided.

8. Financial Report

The financial statements were circulated. The surplus noted in the September statements has increased to \$87,000 in October. This surplus may be used to increase staffing to reduce waiting lists.

9. Fund Raising

Chondrena is waiting for confirmation, from the Burlington Mall, for the date of February 28, 2019 date.

10. ED Report

Chondrena highlighted parts of her ED report.

These included: (1) the concerns of FSO regarding how to build relationships with the new Ontario government were discussed and its potential impact on the allocation of funds, in particular, the psychotherapy funds; (2) the walk-in clinic is doing extremely well.

11. In Camera (7:02 – 7:03 PM)

Minutes recorded and files with Carmen (Secretary).

12. Adjournment

Moved by: Tanya

Seconded by: Loraine

Motion carried, meeting adjourned at 7:04 PM.