

## Family Service Ontario projects- Confidential

**Greenspace** -Federal health dollars were announced over a year ago for Structured Psychotherapy ( mental health counselling). FSO submitted a proposal to have this delivered through family service agencies and have been able to become part of the decision-making table of how this money gets spent and what type of programs are delivered. Currently, this fiscal the 4 psychiatric hospitals are putting on a demonstration project of psychotherapy with plans to use the information to help formulate the next stages. A key component of this is utilizing an electronic-based outcome measure program called Greenspace

FSO has decided to run a simultaneous demonstration across our services to demonstrate that family service agencies can achieve better, more affordable outcomes from our already established locations across the province. As part of this, Thrive has signed on to have 10 of our clinicians utilize the Greenspace platform for outcome data for the pilot running for 13 months starting this September. There is a cost of \$4200 to the agency. I will also be on the steering committee for the project. This project will likely solidify our position as a provider of the structured psychotherapy, thus providing greater access to the funding so is extremely important for our goals. Additionally, Thrive has been looking at establishing better outcome measures and this program hits all of the criteria on our wish list so is something we would likely consider outside of its relationship to the funding

**Walkin therapy**- The second potential demonstration project is for Walk-in therapy. I will sit on this steering committee as well as FSO seeks to standardize and demonstrate the efficacy of this form of brief therapy. Current plans at the agency are to pilot a clinic at Thrive Burlington in the fall. As we are not operational currently, we cannot be part of the demonstration but the information garnered will be helpful in the design of our own service to align with future funding.